

572-454-3743 info@anybabycan.org

Thank you for supporting families! Look inside to see what we achieved thanks to you!

6207 Sheridan Avenue Austin, Texas 78723

any babycan

#### Any Baby **Can** Because of You!

Any Baby Can was created on the belief that by fostering strong, resilient families, every child and parent can reach their full potential.

Over the last year, we were challenged. Thanks to your support, we ramped up telehealth in just a few days.

We worked with new partners to help clients access essentials, like food and diapers. We faced inequities and racism head on. And through it all, we provided families hope during tough times.

We're proud of the work we accomplished and yet we recognize that there's still a lot more to do. You—our supporters, our partners, our donors, our volunteers and our staff—make it possible for families to thrive!

Thank you, Veronda L. Durden Any Baby Can President and CEO

### Impact & Key Accomplishments

Between September 2019 and August 2020, Any Baby Can...

**Facilitated** Served Offered Hosted Provided 2,606 \$429,187 33 21,478 982 clients virtual visits mental health in basic needs classes support groups assistance

"When you donate to Any Baby Can, you make it possible for families like mine to have the opportunity to take new paths and reach our goals."

Alejandra, Any Baby Can client

NONPROFIT ORC
U.S. POSTACE
PAID
AUST NO. Z199
PERMIT NO. Z199

#### Addressing Inequities in Healthcare

Our work brings light and hope to families facing poverty, unemployment, education inequality, racism, violence, and poor health outcomes.

Any Baby Can advocates for the well-being of parents and children who face an uphill battle. Many of our staff, more than half, have lived experience with the challenges our clients face. That's one of the many reasons we're so passionate about our work to improve the systems and policies that bring lasting change to our client families.

Over the last year, we prioritized training staff on diversity, equity and inclusion in order to better understand and serve our clients—the majority of whom are people of color—and to be better citizens outside of the workplace.



## After engaging with Any Baby Can, our client families report they...

- · Have better relationships with family
- Are better able to handle stress
- Are better at bouncing back after a tough situation
- · Know more about child development

# Families we serve are disproportionally affected by COVID-19.

Many of our clients have medically frail children, work front-line jobs, live in multi-generational homes, and are parents of color. These families have been stretched thin while barriers to health services have increased and school closures have amplified inequities in education and child development.

We adapted key elements of our service model to make the transition to telehealth not only possible, but also a meaningful and rewarding experience.

- Parent coaching and community building
- · Focus on physical and emotional well-being
- Flexible and reliable visits to accommodate shifting schedules
- · Mental health counseling, webinars and virtual support groups

We also know that without food security, housing and supplies, parents struggle to provide a nurturing environment for their children. In the five months between March and August 2020, Any Baby Can provided **\$264,623** in basic needs assistance, distributed **2,800 meals**, and purchased **159 tablets** for clients to participate in virtual visits.





Nayeli was looking forward to graduating high school while also caring for her 8-month-old daughter, but needed to catch up on virtual learning. She connected with an Any Baby Can volunteer tutor and graduated with the rest of her class!



Virtual visits haven't stopped our team from recognizing the accomplishments of moms and dads who have been working extra hard this year. We celebrated with car parades, cheer lines and graduation gifts. Christina felt overwhelmed with her son's recent autism diagnosis. When the pandemic hit, she thought they would have to give up their weekly sessions with her parent educator. But transitioning to virtual visits provided stability and guidance during a difficult time.



When Diego's school closed due to the pandemic, everyone had to adapt. His parent educator got the whole family involved to help Diego adjust to virtual learning, and encourage his development and education. With the right skills and support, Diego is looking forward to a bright future.



When Mary got pregnant, she knew her life, and her mindset, had to change. Her Any Baby Can nurse helped her connect with housing resources and encouraged Mary to get a certificate in medical assisting. With a new career ahead, Mary is building a beautiful and healthier future for her young daughter.





Thanks to YOU and all our supporters, Any Baby Can is creating change that leads to a healthier future for families and children across Central Texas.



