



# Healthy and Fair Start

## Home Visiting Parent Support Program

Any Baby Can's Healthy and Fair Start program is FREE for parents in Travis County with children ages 0-4. Through this program, our team partners with families to nurture and educate their children so they may reach their full potential.

### Would you like help with:

- Encouraging your child's development?
- Calming an upset child?
- Keeping your child healthy?
- Creating a safe home environment?
- Understanding your role as a parent?
- Connecting with other parents in your community?

### Healthy and Fair Start Provides:

- A Certified Parent Educator who will visit you and your child in your home!
- Fun, educational activities during home visits to promote your child's development according to age, ability and needs.
- Information about your child's developmental stages, including topics such as discipline, potty training, child safety and school readiness.
- Connections to other community resources.

### About Any Baby Can:

Any Baby Can partners with parents so children can reach their full potential. With a focus on child development, we guide families in building confidence, nurturing healthy relationships, and planning for the future. We envision a community in which all parents feel supported, valued and empowered to ensure their children have the best chance at a bright future.



### Home Visits Include:

Fun, educational activities to promote your child's development

Invitations to monthly group events

Connections to community resources

## Any Baby Can

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[anybabycan.org](http://anybabycan.org)

